

FABULOUS BAGS

Thank you

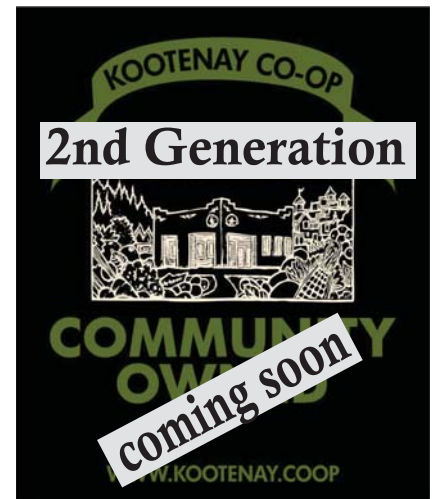
Bag Sponsors!

We sincerely thank all our suppliers for their generous and ongoing support of our bag sponsorship program. With their help, we have been able to offer an affordable cloth alternative to plastic shopping bags. That means less plastic waste - more sustainable shopping!

The bag sponsorship program is evolving!



We eagerly await the arrival of the second generation of sponsored bags, made of recycled materials and very durable. Due to the generous support of our sponsors, we will be able to sell these new bags for the unbelievably low price of around \$1 each!



Learn more about our bag sponsors, their progressive businesses, wholesome philosophies and the valuable products they make.



See: www.kettlefoods.com

We have a bit of an obsession with the perfect chip. We take beautiful potatoes, slice them, cook them in a traditional way to lock in flavour and add intense, natural spices and other seasonings. The result? An insanely cravable, completely irresistible potato chip like no other, with a satisfying, mouth-watering crunch.



Our Natural Promise
 Absolutely nothing artificial
 No trans fats
 No artificial colors or flavors
 No preservatives
 Non-GMO ingredients

Sustainability
 We've always believed that good business can coexist with nature. Our commitment starts with using only the best, all natural ingredients and extends to our backyard where we work to preserve natural habitat, protect the environment and use energy responsibly.

Community Giving
 Since the early days back in 1978, we've looked for ways to help our neighbors. Today, we donate money, product and time to organizations around the country.

Thank
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See: www.tasteadventure.com



Gary Morris' Will-Pak Foods has been creating Taste Adventure delicious homemade tasting all-natural dry soup mixes and refried beans since 1988. The company is located in Ontario, California. With a great shelf life and only requiring the addition of boiling water, Taste Adventure strives to create soups and beans that are delicious as well as convenient. They use simple ingredients that are all-natural, which means there are no gums, fillers, preservatives, MSG, or added fats. Additionally, Taste Adventure products are gluten-free, Non-GMO, and Kosher certified. Very stringent quality control standards mean you get consistent flavour in every batch. Available in 5 oz packages, you're probably most familiar with the low-impact bulk versions you'll find in our www.tasteadventure.com/recipes/index.htm

Thank
you



vega

Sequel Naturals is a young, rapidly growing and progressive manufacturer of premium natural health products and nutritional supplements including the award-winning Vega brand of plant-based, whole food products. Its goal is to deliver premium and innovative wellness solutions to customers, and in so doing, create an industry-leading, profitable and fulfilling company for North America and the world.

Thank
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See: www.naturalfactors.com



Natural Factors is Canada's leader in the development, formulation and manufacture of nutritional supplements for the natural health store market. For more than 50 years, the company has supplied North American consumers with vitamin, mineral, herbal and specialty supplements they trust to protect their families' health.

What's Unique about Natural Factors?

- **Factor Farms** - We grow our own organic echinacea for Echinamide products, and other herbs for unique formulations, to be harvested fresh and processed within hours at our nearby extraction plant.

- **Research & Development** - We conduct laboratory and clinical research to ensure efficacy of all Natural Factors products and to guarantee the safety, purity and potency of all raw materials used in their creation. We have the largest and most sophisticated laboratory facilities in Canada.

- **Medical and Scientific Expertise** - Our team of medical and naturopathic physicians, herbalists, formulators and nutritionists contribute to the development of every Natural Factors product and every one of our innovations for natural health support.

- **Formulations** - Natural Factors is renowned for developing condition-specific solutions for the most common health concerns of consumers. We are one of the very few manufacturers in North America with softgel encapsulating facilities and expertise, allowing us to provide many supplements in this popular form. We produce powders, tinctures, liquids and syrups as well as tablets and capsules.

Our goal is to deliver supplements that marry the wisdom of ancient herbal knowledge and the science of modern clinical research to enhance the health of consumers everywhere



See: www.sequelnaturals.com

Naka Herbs & Vitamins Ltd. is a leading Canadian manufacturer and distributor of premium quality herbal products for the health food market. Founded in 1991, Naka's success has been built upon introducing innovative supplements in liquid or easy-to-swallow capsule forms designed to meet the better health needs of consumers worldwide. Our commitment to providing superior quality and value, plus excellent customer service, has helped to make Naka a trusted national brand in the health food trade.



Yes, we admit it, we are a company that loves food. We love learning about food, cooking food, talking about food and especially eating and sharing food.

Thank you



www.nakaherbs.com



Naka is proud to be an exclusive distributor of Germany's Anton Hübner herbal product lines. Anton Hübner is world renowned for their Silicea Gel, Milk Thistle (Mariendistel), IronVital F® and other high-quality natural herbal supplements.

Mike Nacachian, President and founder of Naka Herbs & Vitamins Ltd., is relentless in his pursuit to provide consumers with quality herbal products. Innovation is what best describes our strong presence in the Canadian health food market - innovation in research and a commitment to being a leader in introducing exciting new products that meet the changing health demands and needs of society. Utilizing the resources of a naturopathic doctor and master herbalist, Naka's formulas are developed to provide consumers with the best supplements containing balanced, full-spectrum combinations of high-quality herbs and extracts.



See: www.clifbar.com

Thank you

Rice is a staple food for over 65% of the world's population and is the most widely consumed grain in the world. It is a wholesome, nutritious grain that is easy to digest and suitable for all types of diets.



See: www.ryza.ca

Ryza is made from 100% wholegrain brown rice. It contains essential nutrients like thiamin, riboflavin, niacin, phosphorous, iron and potassium. As well, it is non-allergenic, gluten free and is 100% free of animal products, making it an ideal choice for a healthy lifestyle and for those with special dietary needs.

The rice extract gives Ryza a naturally nutty sweet flavour and is an excellent alternative to soy or dairy beverages. And now with products like Ryza in the refrigerated dairy section, rice beverages are growing in popularity with a wide variety of people.

Good food provides health, joy and energy and is a delight to the senses. Good food made right, can make the world a better place. That's why we use organic ingredients in all our products. Food grown organically, without the use of toxic pesticides or synthetic chemicals, is better for the planet, the body and the soul. All our food is free of trans fats, hydrogenated oils and high fructose corn syrup. We recognize that food matters to our families, our communities and our planet - as our food choices affect the physical, social and environmental fabric of our planet.

Thank
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Progressive® NUTRITIONAL THERAPIES

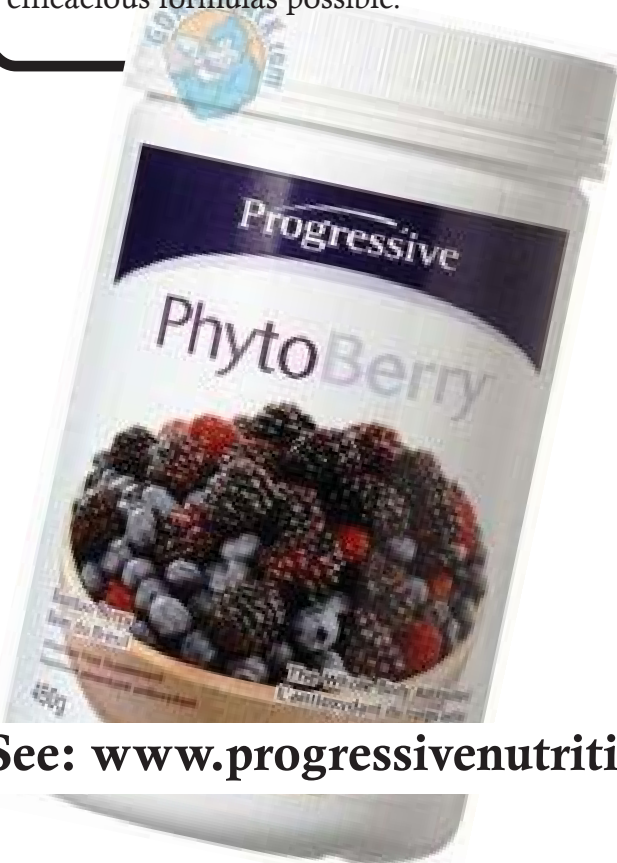
Progressive Nutritional Therapies has specialized in the development and formulation of natural health products since 1984 with a family now consisting of vitamins and minerals, EFAs, green foods, phytonutrients, and protein supplements.

Their formulas are specifically designed to help support the needs of a contemporary lifestyle.

They are highly comprehensive and target the unique nutritional demands associated with individual age, gender and activity level.

Each Progressive product is created with the assistance of renowned naturopath Dr. Mikhael Adams B.Sc., ND. They are energetically tested for optimum compatibility and crafted from the highest quality raw materials from around the world.

With extensively researched ingredients, finely detailed formulas and 100% quality assurance, Progressive creates the most efficacious formulas possible.



See: www.progressivenutritional.com

NEWCHAPTER®

See: www.newchapter.com

Whole Food - The Whole Truth.™

We believe Nature got it right the first time. That is, nourishment, protection and health that come from a whole food complex-- not from the synthetic vitamins, minerals and chemical herbal isolates you'll find in most supplements. In fact, we hesitate to even categorize New Chapter products as food supplements. Rather, New Chapter is supplemental food, because it is food.

Whole Food, Not Chemical Isolates

Because it's food and not chemical isolates, you get the full benefit of nature's wisdom. This means a whole-food complex of vitamins, minerals and herbs that contain all of the plant's active, natural biochemistries. We deliver the whole truth in every product we sell and we invite you to discover the New Chapter difference: nourishment and protection from nature's most beneficial nutrients, just as nature intended.

A Breakthrough Philosophy

Our purpose, our passion and our guiding force is to create a "New Chapter" in nourishment and healing with every formulation.

Wisdom of Nature

We harness nature's intelligence and power in every product we make, delivering all of the inherent benefits of nature.

Dedication to Science

We offer an unprecedented level of scientific validation and work with some of the world's most accomplished scientific minds.

Organic, Sustainable, Sensible.

In everything we do, and in every choice we make, we are committed to protecting and sustaining the natural world that provides for us and for future generations. If we can't make a truly superior product, we don't make it. We chose the name New Chapter for our company because we believe every one of our products delivers a 'new chapter' in nourishment, protection or health. That's why you can count on every New Chapter product to be a genuine contribution, an innovation and a breakthrough.

