

SPRING CASE LOT SALE

ACTIVE MEMBERS ONLY – WHILE QUANTITIES LAST

1. Lundberg Rice

Basmati - Eco Farmed 11.34 kg
31.99 reg 49.49 – Brown
38.19 reg 58.79 – White

Long Grain Brown Organic - 11.34kg
38.99 reg 60.49

Short Grain Brown Eco Farmed 11.34kg
25.99 reg 40.00

2. Prairie Harvest Pasta Organic - 4.54kg

24.99 reg 31.70
Spaghetti, Small Shells, Penne Rigate

3. Thai Kitchen Organic Coconut Milk

Premium ~ Lite 12 x 400 ml
26.79 reg 38.28

4. Bio Vert Detergent 10L

Laundry **29.99** reg 39.99
Dish **25.99** reg 34.99

5. Eco Soft Toilet Paper

1 ply 48/cs **45.69** reg 57.12

6. Tinkyada Brown Rice Pasta 4.54kg

23.75 reg 31.70
Elbows, Spaghetti, Spirals

7. Artesian Acres Kamut Pasta Organic

Spaghetti ~ Rotini 5 kg **28.99** reg 36.75

8. Bob's Red Mill Granolas

Natural 4/340g
Apples Cinnamon 4/340g
Honey Almond 4/510g **13.99** reg 23.96

9. Spectrum Oil

Canola 6/750ml **38.49** reg 51.90
Sesame 6/375ml **47.49** reg 63.54
Toasted Sesame 6/375ml **47.49** reg 63.54

10. Bombay Dine Canned Beans 12/540 ml

Black ~ Chick Peas ~ Kidney **30.99** reg 44.28

11. Taste Adventure Instant Refried Bean Flakes

Black ~ Pinto 4.54kg **44.99** reg 69.40

APRIL 18-24

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12. Jyoti Natural Foods Canned Indian

Entrees 12/425g **31.99** reg 43.08
Madras Sambar ~ Matar Paneer ~ Punjabi Chhole

13. Emergen-C 36s **19.99** reg 29.99

Raspberry ~ Orange ~ Lemon Lime
Tangerine ~ Tropical ~ Pink Lemonade

14. Jason Toothpastes

6 pack **25.99** reg 38.34

15. Organic Spirulina 454g

34.99 reg 46.59

16. Organic Cacao Nibs 454g **15.99** reg 21.29

17. Organic Cacao Powder 454g **15.99** reg 21.29

18. Organic Goji Berries 500g **16.99** reg 25.00

19. Organic Virgin Coconut Oil 3.4kg

49.99 reg 64.99

20. Mountain Sky Soaps

6 packs **16.99** reg 21.54

21. Big Alpha Dolmades 2kg

5.99 reg 9.99

22. Krinos Organic Kalamata Olives 6/375ml

Non Pitted **21.99** reg 26.94
Pitted **23.49** reg 29.34

PRODUCE CASE LOT

LOCAL Spicer Russet Potatoes - Organic

4.99/5lb bag

LOCAL Harkers Apples - Organic

gala & empire **2.49**/3lb bag

Hass Avocado - Organic **2.79**/bag of 3

Navel Oranges - Organic **4.49**/4lb bag