



# hot deals

SAVE BIG • MAR. 27 - APR. 2



SALE  
**\$4.99**  
/EA



**29%**  
OFF

**Organic Pink Lady Apples**  
3lb bags | Okanagan



SALE  
**\$1.29**  
/EA



**35%**  
OFF

**Organic Green Onions**  
Mexico



SALE  
**\$4.57**  
/100G



**20%**  
OFF

HELMUTS SAUSAGE KITCHEN  
**Wine Salami**



SALE  
**\$2.49**  
/EA



**38%**  
OFF

SAVÖR **Crackers**  
Sea Salt | Salt + Pepper |  
Multigrain | 170g-185g



SALE  
**\$9.49**  
/EA



**32%**  
OFF

SAY IT AIN'T SODA  
**Low-Sugar Soda**  
All Varieties | 4x355ml



SALE  
**\$6.99**  
/EA

**46%**  
OFF

REGINELLI  
**Sunflower Oil Blend**  
1L



**35%**  
OFF

PREFERRED NUTRITION  
**Magnesium Bisglycinate 200mg**  
300c



**34%**  
OFF

SALUS  
**Floradix**  
250ml



SALE  
**\$19.99**  
/EA



**31%**  
OFF

NATURAL CALM  
**Calm Sleep**  
113g

**Kootenay**  
co-op

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