



Kootenay  
co-op



# gift guide

HOLIDAY 2023





**Yule Log Cake • \$39.99/EA**



**Pumpkin Seed Brittle**



**Pecan Snowballs**



# *treats from your* **co-op kitchen**

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## **Yule Log Cake**

\$39.99

## **Hazelnut Paris Brest**

\$24.99

## **Ginger Dark Chocolate Cheesecake**

\$29.99

## **Cranberry Glazed Cashew “Cheesecake”**

\$29.99

## **Seasonal Macarons**

6 pk • \$14.99

## **Traditional Shortbread**

6 pk • \$8.99

## **Real Rum Balls**

6 pk • \$8.99

## **Chocolate Marzipan**

\$8.99



**Shortbread Fingers**



**Dark Chocolate Biscotti**



**Meringue Kisses**





Dark Chocolate Bark



Ginger Dark Chocolate Cheesecake



Chocolate Macaroons



## Pecan Snowballs

6 pk • \$8.99

## Hazelnut Meringue

8 pk • \$8.99

## Chocolate Orange Biscotti

6 pk • \$15.99

## White Chocolate Peppermint Bark

\$1.30/100g

## Dark Chocolate Truffles

\$1.30/100g



Holiday Macarons



# ovo ceramics

Fabi Chagas, originally from Brazil, has been a full-time ceramics artist in Nelson since 2014.



Amazon Rainforest  
Cereal Bowl • \$47.99



Ombre Green Glory  
Bowl • \$43.99



Ombre Green Cone Mug •  
\$47.99



Amazon Rainforest  
Mug • \$53.99





MARSEILLE'S REMEDY

### Thieves Oil

ALL VARIETIES • 20% OFF

TRUE  
LOCAL



NOW

### Essential Oil Blends

25+% OFF



HERBALLY + CO.

### Tub Truffles

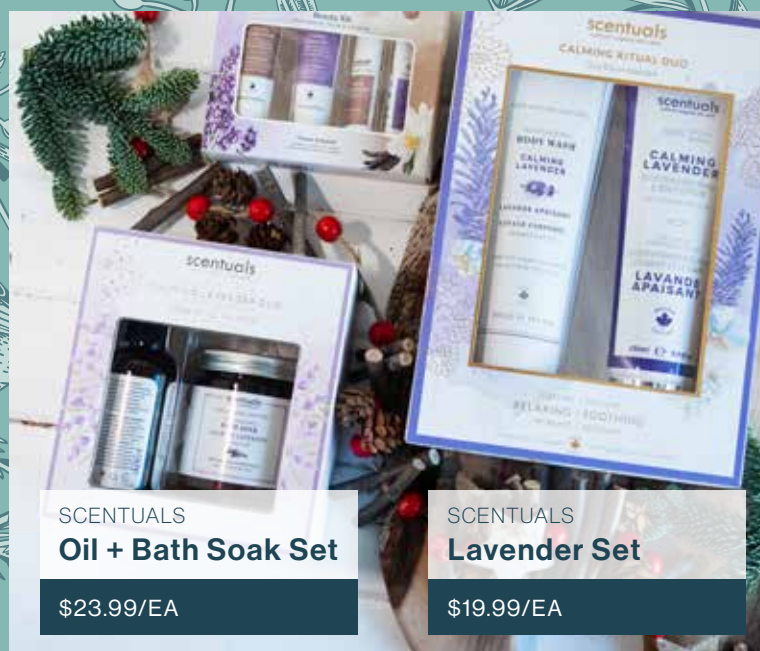
\$14.99/EA • SAVE \$3

TRUE  
LOCAL

SUNHED

### Pure Himalayan Bath Salts

\$8.99/EA • SAVE \$4



SCENTUALS

### Oil + Bath Soak Set

\$23.99/EA

SCENTUALS

### Lavender Set

\$19.99/EA



# the gift of relaxation



SAAVY  
**Bath Bomb**  
\$5.49 • 31% OFF



NATURA SOY  
**Bath Soaks**  
\$9.99



KOOTENAY SOAP COMPANY  
**Bath Bomb**  
\$3.79/EA • 21% OFF



MOUNTAIN SKY  
**Foot Butter | Body Butter**  
\$8.99/EA • 31% OFF



ELEMENT BOTANICALS  
**Amazing Cream**  
\$17.99 • SAVE \$2



URBAN SPA  
**Lavender Silk Eye Mask**  
\$14.99 • SAVE \$5



SCENTIALS  
**Holiday Bath Soak**  
\$29.99/EA



LOVE ATTACK  
**Scalp Massager**  
\$13.99/EA



SCENTIALS  
**Lip Conditioner 4-pack**  
\$12.99/EA



# stocking stuffers



OM ORGANICS  
**Mini Body Butter**  
\$8.99/EA



ALBERTA NATURALS  
**Candy Cane Soap**  
\$3.79/EA



SUNCOAT  
**BFF Duo Polishes**  
\$9.99/EA



BURT'S BEES  
**Deluxe Care Trio**  
\$16.99/EA



NOVA SCOTIA FISHERMAN  
**Stem to Stern Gift Set**  
\$8.99/EA • SAVE \$2  
**Lip Balm**  
\$5.79/EA • SAVE \$1.20



MOODY BEE  
**Lip Balm**  
\$3.99/EA



DIVINE  
**Chocolate Coins**  
\$5.99/EA



LIVE NUTS  
**Mixed Nuts**  
\$2.49/EA



HONEY BEE ZEN  
**Hand Salve**  
\$14.99/EA





ZENWAND  
**Mala Bracelet**

\$24.99/EA • SAVE \$5



NATIVE NORTHWEST  
**Wood Ornaments**

\$5.99/EA



BON MAMMA  
**Mini Jams**

\$8.99/5PK



**Mandarin Oranges**



NELSON'S CHOCOFELLAR  
**Chocolate Santas**

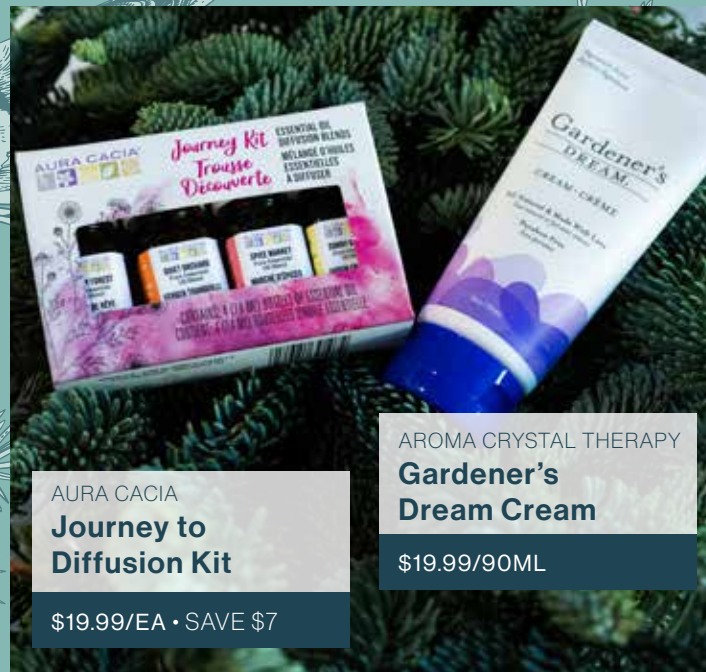
\$7.99/EA • SAVE \$1





TRUE  
LOCAL

Honey Candles



AURA CACIA  
**Journey to  
Diffusion Kit**

\$19.99/EA • SAVE \$7

AROMA CRYSTAL THERAPY  
**Gardener's  
Dream Cream**

\$19.99/90ML



OM NATUREL  
**Candles**

\$15.99/EA • 20% OFF



NEW

SCENTUALS  
**Diffuser | Illuminate**

\$39.99/EA

SCENTUALS  
**Essential Oil Blends**

\$11.99/EA





NOW  
**Essential Oil Blends**  
 25% OFF • 33% OFF



ROUTINE  
**Natural Candle**  
 \$37.99/EA • 30% OFF



LE COMPTOIR AROMA  
**Himalayan Salt Lamp**  
 \$47.99/EA • SAVE \$10



NATURA SOY  
**Soy Candles**  
 \$18.99/EA



LE COMPTOIR AROMA  
**Pebble Diffuser Stones**  
 \$13.49/EA • SAVE \$2.50



AURA CACIA  
**Mineral Bath**  
 \$3.49/EA • 30% OFF

# aroma therapy



# home bar

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ZULAY KITCHEN

## **Shaker Set**

3PC • \$24.99 • SAVE \$5

FOXRUN

## **Himalayan Salt Shot Glass Set**

4PC • \$34.99 • SAVE \$8

FOXRUN

## **Whiskey Chiller Stones**

\$24.99/EA • SAVE \$3

WEDDINGSTAR

## **Shaped Wine Stoppers**

\$4.99/EA • SAVE \$1

NATIVE NORTHWEST

## **Bamboo Coasters**

4PC • \$16.99

NATIVE NORTHWEST

## **Tinplate Coasters**

4PC • \$10.99



# cast iron

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LODGE

## **Cast Iron Enameled Dutch Oven**

6 QUART • \$199 • SAVE \$31

LODGE

## **Cast Iron Enameled Casserole Dish**

2 QUART • \$109 • SAVE \$21

LODGE

## **Cast Iron Enameled Dutch Oven**

7 QUART • \$269 • SAVE \$31

LODGE

## **Cast Iron Enameled Dutch Oven**

3 QUART • \$149 • SAVE \$36

LODGE

## **6 Cup Seasoned Cast Iron Muffin Pan**

\$59 • SAVE \$15

LODGE

## **Cast Iron Reversible Grill and Griddle**

\$109 • SAVE \$16



# *kitchen* upgrade

CHEEKS AHOY

## **Unpaper Towel**

8PK • \$14.99 • SAVE \$3

12PK • \$19.99 • SAVE \$5

CHEEKS AHOY

## **Pre-Rolled Towel**

8PK • \$15.99 • SAVE \$3

12PK • \$21.99 • SAVE \$4

CHEEKS AHOY

## **Cloth Wipes**

10PK • \$14.99 • SAVE \$3

DANICA

## **Oven Mitt**

SINGLE • \$9.99 • SAVE \$5

PAIR • \$19.99 • SAVE \$8

DANICA

## **Potholder**

\$8.99 • SAVE \$2

DANICA

## **Mini Spatula**

PAIR • \$7.99 • SAVE \$7

DANICA

## **Silicone Spatula**

\$9.99 • SAVE \$5

DANICA

## **Silicone Spoonula**

SINGLE • \$9.99 • SAVE \$5

PAIR • \$15.99 • SAVE \$9

DANICA

## **Reusable Wine Bag**

2PK • \$9.99 • SAVE \$5



Your Green Kitchen • P17-18

TRUE  
LOCAL

## chris rookwood pottery

Chris Rookwood works in clean, minimal forms inspired by nature.



Polar Bear Mug • \$44.99

Polar Bear Mug • \$47.99







WALKERS  
**Shortbread Fingers**

\$5.99/EA • 20% OFF



ORGANIC TRADITIONS  
**Superfood Lattes**

\$13.99/EA • SAVE \$3



YOGI  
**Tea Gift Box**

\$24.99/EA • SAVE \$3



WALKERS  
**Mince Pies**

\$10.99/EA • 20% OFF



# coffee + tea *lovers*



ORGANIKA  
**Collagen |  
Holiday Flavours**  
\$29.99/EA



HONEY BEE ZEN  
**Honey Trio**  
\$27.99/EA



ZULAY KITCHEN  
**Winter Milk Frother**  
\$9.99/EA • SAVE \$10



GROSCHÉ  
**Milano Espresso Maker**  
3 CUP • \$39.99/EA • SAVE \$10  
6 CUP • \$49.99/EA • SAVE \$10  
9 CUP • \$59.99/EA • SAVE \$10



BONNE MAMAN  
**Mini Jams**  
\$8.99/EA



OSO NEGRO  
**Holiday Blend**  
\$15.99/340g  
SAVE \$1

ZULAY KITCHEN  
**Manual  
Coffee  
Grinder**  
\$19.99/EA  
SAVE \$16



NEW MOON BEGINNINGS  
**Crystal Tea Infuser**  
\$19.99/EA • SAVE \$5





ANDALOU NATURALS  
**On The Go Essentials**  
\$21.99/EA



RELAXUS  
**Kayo Massager**  
MINI • \$39.99 | KAYO 2.0 • \$79.99  
20% OFF



SPOONK  
**Acupressure Hemp Mat**  
TRAVEL • \$49.99 | FULL • \$68.99  
20% OFF



TRUE  
LOCAL

COMMUNION BOTANICALS  
**Skin Care Set**  
\$54.99/EA • SAVE \$15



SUNHED  
**Salt Lamp**  
\$24.99/EA • SAVE \$9



BOODY  
**Clothing + Accessories**



TRUE  
LOCAL

WILD MOUNTAIN CHOCOLATE  
**Winter 3-Pack**  
\$19.99/EA • SAVE \$4



**Calendars**



**Card Sets**

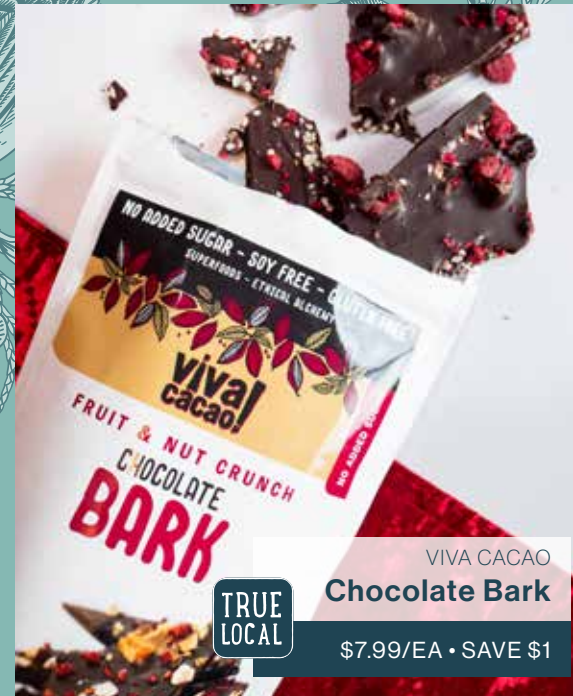




REBEL FOODS  
**Single Cookies**



\$2.99/EA • SAVE \$1



VIVA CACAO  
**Chocolate Bark**



\$7.99/EA • SAVE \$1



AMARETTI VIRGINIA  
**Mini Panettone**

\$7.99/EA



HAMMOND'S  
**Organic Candy Canes**

\$4.99/EA



# your green kitchen

Rouvè makes eco-friendly, toxic free products in **Nakusp, BC**. Each cover is made from GOTS certified organic cotton, printed with natural dyes, Waxed covers are covered in a layer of organic filtered beeswax from a local apiary. Your Green Kitchen provides long-lasting, great quality products to help you easily transition into using less plastic and more earth-friendly products in your kitchen and home.

20%  
OFF

TRUE  
LOCAL





TRUE  
LOCAL

YOUR GREEN KITCHEN  
**Reusable Gift Wrap**  
\$9.99/EA • 20% OFF



TRUE  
LOCAL

YOUR GREEN KITCHEN  
**Tea Towels**  
\$11.99/EA • 20% OFF



TRUE  
LOCAL

YOUR GREEN KITCHEN  
**Zipper Snack Bags**  
\$6.99/EA • 20% OFF



TRUE  
LOCAL

YOUR GREEN KITCHEN  
**Reusable Napkin Set**  
\$27.99 set of 6 • 20% OFF

YOUR GREEN KITCHEN  
**Small Produce Bags**  
\$6.99/EA • 20% OFF

YOUR GREEN KITCHEN  
**Small Tote Bags**  
\$14.99/EA • 20% OFF

YOUR GREEN KITCHEN  
**Large Tote Bags**  
\$17.99/EA • 20% OFF

YOUR GREEN KITCHEN  
**Reusable Napkin**  
\$9.99 set of 2 • 20% OFF



TRUE  
LOCAL

YOUR GREEN KITCHEN  
**Bowl Covers**

\$19.99 set of 2 • 20% OFF



The background is a solid teal color. It is decorated with intricate white line art. The art includes two birds: one in the upper center and another in the lower center, both perched on branches. The branches are adorned with various winter-themed elements like pine needles, holly leaves, and clusters of berries. The text 'Kootenay' is written in a large, white, serif font, and 'co-op' is in a smaller, white, cursive font, both centered on the page.

# Kootenay

*co-op*

eat well. be merry.