

birthday sale | june 18-29



\$6⁹⁹
/EA

30% OFF

JONNY POPS
Organic Ice Pops
All Varieties | 5x55ml



30% OFF

CHOCXO
Organic Nut Butter Cups
All Varieties | 98g



\$4⁴⁹
/EA

31% OFF

ALTER ECO
Organic Chocolate Bars
All Varieties | 84g



30% OFF

TRE STELLE
Cow Feta
200g | 375g



\$3⁷⁹
/EA

31% OFF

WOOLWICH
Soft Goat Cheese
All Varieties | 113g



40% OFF

KRINOS
Kalamata Olives
Pitted | With Pits



\$31¹²
/KG

20% OFF

KOOTENAY CO-OP
SMOKEHOUSE
Boneless Ham



\$19⁷¹
/KG

10% OFF

CUTTER RANCH
Ground Pork



\$34³⁶
/KG

20% OFF

FRASER VALLEY
SPECIALTY POULTRY
Duck Legs
Frozen



\$6⁹⁹
/EA

30% OFF

KOOTENAY CO-OP
House made Organic Chicken Broth
Frozen | 1L



\$3⁵⁰
/KG

20% OFF

CALIFORNIA
Organic Seedless Watermelon
Whole watermelon only



\$6⁵⁸
/KG

40% OFF

CALIFORNIA/MEXICO
Organic Broccoli



birthday sale



\$4.79
/EA

30% OFF



KETTLE
Potato Chips
All Varieties | 368g



\$4.79
/EA

31% OFF

BLUE MONKEY
Organic Coconut Water
1L



44% OFF

2 for \$5



BIOITALIA
Organic Pasta
All Varieties | 500g



\$6.99
/EA

36% OFF

BIOITALIA
Organic Pasta Sauce
All Varieties | 660ml



37% OFF

2 for \$5

MATEINA
Organic Yerba Mate
All Varieties | 355ml



\$3.99
/EA

33% OFF

MAISON ORPHEE
Salad Dressing
All Varieties | 250ml

50% OFF



2 for \$4

COVE
Gut-Healthy Soda
All Varieties | 355ml



50% OFF

2 for \$6

BLUE MONKEY
Sparkling Fruit Juice
All Varieties | 4x250ml



43% OFF

2 for \$4



BLISS BALLS
Energy Balls
All Varieties | 2x25g



\$10.99
/EA

31% OFF

TERRA DELYSSA
Extra Virgin Olive Oil
Squeeze Bottle | 500ml



\$5.99
/EA

33% OFF

EVERLAND
Organic Ketchup
750ml



\$4.99
/EA

29% OFF

EVERLAND
Organic Trail Mix
All Varieties | 150g

birthday sale



\$5⁹⁹ /EA
33% OFF

Sushi Roll Rice Crackers
250g



35% OFF

Organic Gummy Candy
Bulk | All Varieties



\$30⁰⁰ /KG
37% OFF

Organic Dried Mango
Bulk



\$13⁹⁹ /EA
30% OFF

EVERYONE
3-in-1 Soap
Select Varieties | 946ml
Shampoo, bodywash and
bubble bath in one.



\$6⁹⁹ /EA
30% OFF

EVERYONE
Hand Soap
All Varieties | 377ml
Naturally moisturizing
liquid hand soaps, scented
with essential oils.



\$15⁹⁹ /EA
30% OFF

EVERYONE
3-in-1 Lotion
All Varieties | 946ml
Light + moisturizing lotion
for face, hands, and body.



\$19⁹⁹ /EA
33% OFF

NAVITAS ORGANICS
Cacao Powder
454g | Naturally
fermented and minimally
processed to retain
valuable nutrients.



36% OFF

ORGANIKA
Full Body Collagen Enhanced
500g
Collagen peptides,
enhanced with
L-Tryptophan, Hyaluronic
Acid, Vitamin C and Zinc
for optimal joint, skin and
muscle support.



40% OFF

SEALICIOUS
Omega-3 Oil
Raspberry
Lemonade | 500ml
Omega-3 rich fish oil
supporting heart, joint,
brain, and skin health.



\$27⁹⁹ /EA
39% OFF

RENEW LIFE
Probiotic Ultimate Flora
50 Billion | 30c
A healthy gut microbiome
is fundamental to good
health.



\$13⁹⁹ /EA
36% OFF

NATURAL FACTORS
Liposomal Vitamin C
1000mg | 90c
Supports skin, vascular
and joint health.
Optimize absorption with
Liposomal technology.



\$59⁹⁹ /EA
33% OFF

RELAXUS
TheraReach Percussion Massager
With five intensity levels +
interchangeable heads.



birthday sale



CABOO Baby Wipes
30ct
Soft and gentle, unscented, multi-purpose wipes, made from bamboo.

\$2⁹⁹ /EA
25% OFF



GREEN BEAVER Deodorant Stick
All Varieties | 50g
All-natural deodorant that really works to eliminate existing odors, while preventing new ones!

\$5⁹⁹ /EA
40% OFF



CRATE 61 Bar Soap
All Varieties | 110g
Cold-pressed, plant-based soaps made with skin-nourishing ingredients, and scented with essential oils.

\$2⁹⁹ /EA
40% OFF



GREEN BEAVER Castile Soap
All Varieties | 1L
Made with cold-pressed Canadian organic sunflower seed oil, harvested in Quebec!

\$16⁹⁹ /EA
35% OFF



SUKIN Organic Rosehip Oil
25ml
Helps hydrate the skin, soothe redness, reduce the appearance of scars and combat signs of aging.

\$13⁹⁹ /EA
42% OFF



SUKIN Shampoo + Conditioner
All Varieties | 1L
Free from sulphates, silicones, and parabens.

\$16⁹⁹ /EA
37% OFF



NATURAL FACTORS Rx Omega-3
900mg EPA/DHA | 150c
For cardiovascular, joint, and brain support, in a convenient one-a-day softgel.

\$35⁹⁹ /EA
40% OFF



NATURAL FACTORS Magnesium Bisglycinate
200mg | 250c
For muscle function, relief from muscle cramps, relaxation, and sleep.

47% OFF



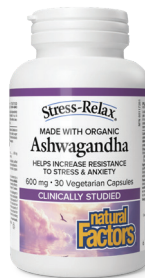
NATURAL FACTORS Theracurmin Double Strength
60mg | 60c
Provides whole body anti-inflammatory support. Micronized for superior absorption.

40% OFF



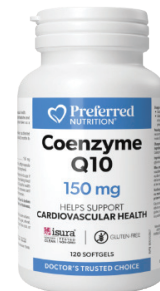
NATURAL FACTORS Active B Complex
60c | Full-spectrum of B vitamins in their biologically active forms, to support energy metabolism and stress management.

\$17⁹⁹ /EA
40% OFF



NATURAL FACTORS Ashwagandha
30c
Helps increase the body's resistance to stress, while supporting sleep, memory and physical performance.

\$9⁹⁹ /EA
41% OFF



PREFERRED NUTRITION Coenzyme Q10
150mg | 120c
An antioxidant that helps maintain cardiovascular health and plays an essential role in energy production.

40% OFF